



## **Bowls Principles of Smart Bowls**

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### **1. B.I.T.H principle – BOWLS IN THE HEAD**

by having as many bowls in the head you can

- create your own luck
- create more options for shots to play
- Make every bowl useful. i.e. bowls in the head.

### **2. H.O.P. principle – HEAD OPEN PLAN**

- Try not to be short and block the head.
- Lead and second always draw to spot 30-50cm behind.
- **Be up when you are down**, in particular the Second and Third players.
- Play with weight that allows your bowl to finish in a useful position if you miss your objective.

### **3. THE BEE principle**

- Be up when down, in particular the Second and Third players.
- Be careful when holding
- Be bit narrow when down
- Be bit wide when holding

### **4. C.P.P. principle – COMPLIMENTARY POSITION PLAY**

**Lead & 2<sup>nd</sup> work together.** Alternate to cover the jack and the back.

**3<sup>rd</sup> & Skip work together.** Alternate to get add shots, get position or convert.

Problems occur when the 3<sup>rd</sup> has to cover the Lead & 2<sup>nd</sup>. Or when the skip has to cover the Lead, 2<sup>nd</sup> & 3<sup>rd</sup> !!

### **5. S.S.I.G.I principle – SECOND SHOT IS GOOD IDEA**

- Obtain a good 2<sup>nd</sup> shot. Your team is then only one shot down or holds 2 shots and also has two bowls in the head
- Dropping singles is usually OK.
- Having 2<sup>nd</sup> shot enables a hit and sit conversion for 2 or more shots

### **6. R.M. principle - RISK MANAGEMENT**

In most situations in bowls there is always more than one way to achieve a result. Analyse the situation and consider carefully the potential positive result and potential negative result from various shot options. If uncertain play the draw shot.

### **7. THE INSURANCE principle**

- Play position bowls early
- Have bowls on both sides of the head
- Avoid driving at bowls in front of the jack
- Avoid driving with 1 or 2 bowls in the head
- Play with weight that allows your bowl to finish in a useful position if you miss your objective.